

mix. blend. entwine.

Your spa, customized only for you



Discover your personal spa style at Andaz Tokyo

An urban retreat nestled in the heart of the city, AO Spa invites you to **mix, blend, and entwine** the purest elements of Japan with the latest in high-performance ingredients and techniques for an entirely new spa experience.

Offering a bespoke approach to luxury, every aspect of AO Spa is designed entirely with you in mind, embracing distinctive and ever changing needs and desires.

With treatments tailor made to your physiology, immerse yourself in a personal hideaway, with time tailored uniquely for you.



essence of ao spa

Each AO Spa experience includes a seasonal welcoming and closing ritual. Treatments ninety minutes or longer in duration begin with a unique foot ritual and custom product blend. Each spa treatment room is equipped with a private changing area, shower, and restroom.

ao spa signature

Pioneering a new experience in bespoke luxury, AO Spa offers an innovative apothecary approach that caters to the personal spa style of each guest. With products and services hand crafted for each guest at the Blend Bar, AO Spa signature experiences combine seasonal fruits, herbs, minerals, and essential oils with authentic therapies to directly address inherent needs and deliver balance to body and mind. Being mindful of the environment, locally sourced ingredients are used wherever possible and AO Spa is committed to promoting sustainable wellness.



biologique recherche

The Biologique Recherche methodology is a clinical approach to beauty based on more than thirty-five years of skincare innovation by the Allouche family in France. Featuring high concentrations of raw and active ingredients, Biologique Recherche products are derived from natural or biotechnological compounds and are free of artificial fragrances and colorings. With a global reputation for unparalleled effectiveness, Biologique Recherche treatments are tailored to the needs of the individual following a detailed skin analysis. Using highly effective and original methods, each serum, mask, and cream is formulated to work together for immediately visible glowing skin and long-lasting results.



elemental herbology

In pursuit of good health, nutrition and wellness, Elemental Herbology products are packed with nutrients to help guests discover natural radiance and provide truly visible results. Respecting individual and ever-changing needs, products and treatments are based on the five-element theory of Traditional Chinese Medicine, helping guests combat the effects of a busy life and find true harmony. Made in England, Elemental Herbology supports the responsible harvesting and production of raw materials from the world's most reputable suppliers. The company also works with projects that help regenerate the environment, as well as local communities such as PhytoTrade Africa and Ecocert.

elemental herbology



KOTOSHINA

kotoshina

Dedicated to organic and sustainable wellness, Kotoshina offers products derived from superior-quality organic green tea grown in Uji, Japan. Kotoshina partners with a French organic cosmetics company to deliver a skincare line that is certified organic (with at least 95% natural ingredients) and is Cosmebio certified. Inspired by the healing traditions of Japan, Kotoshina has created a unique range of massage and body therapies exclusively for AO Spa.