

massage

Your needs change, and so should your massage. Discover your personal spa style and create an experience customized only for you, with your total control over ingredients and techniques.

essential | *tension relief* 1 | 1.5 | 2 hours

Combining deep tissue and Swedish therapies, this treatment releases muscle tension, relieves stress, and promotes circulation.

grounding | *hot stone* 1 | 1.5 | 2 hours

Smooth, heated stones are applied to your body in a pattern that renews tired muscles and soothes an anxious mind. The heat from the stones radiates deep into your body, leaving you feeling grounded and rejuvenated.

elemental | *balance* 1 | 1.5 | 2 hours

This aromatherapy massage blends customized essential-oil infusions with warm herbal compresses, heated stones, and therapeutic techniques to deliver you the ultimate experience. Choose one of five options: Wood for rejuvenation, Fire for zest, Earth for balance, Metal to detoxify or Water to soothe. This treatment draws from Eastern and Western massage techniques to bring balance to body and mind.



oriental healing | *acupressure blend* 1.5 hours

Inspired by the healing traditions of Japan, this relaxing massage restores your vitality and releases deep-set muscle tension through a combination of long, graceful movements and thumb and palm pressure applied along energy meridians.

slimming | *detoxify & tone* 1.5 hours

Focusing on cellulite-affected areas, a blend of highly active ingredients and strong, constant strokes promote circulation and visibly tone and firm your skin.

express | *focused relief* 30 minutes

We understand that your time is a precious commodity. This treatment is a quick indulgence delivered by expert therapists who will leave you feeling refreshed and ready to take on Tokyo.



enhancements

30 minutes

Lip Plump
Foot Massage
Scalp Massage
Peptide Eye Lift
Hand and Décolleté

