

## body

Clear away the old to prepare for the new. Our body treatments detoxify, stimulate, and restore your glow.



**radiance** | *luxurious body polish* 1 hour

Treat yourself to this pampering scrub enriched with mother-of-pearl, mandarin, lime, and frankincense to remove dull skin and nurture your body.

**exfoliate** | *stimulating body scrub* 1 | 1.5 hours

A tailor made blend of locally sourced, seasonal botanicals and Japanese rice bran removes dry skin and restores luminosity in this stimulating treatment.

**sculpt** | *green tea, guarana and grapefruit detox* 1.5 hours

This toning body treatment reduces fluid retention, invigorates circulation, and eliminates toxins. A warm thermal bandage wrap encourages perspiration, and a thick coating of stimulating serum leaves you feeling warm, purified, and revived.

**nourish** | *hydrating body treatment* 1.5 hours

This certified organic treatment designed exclusively for AO Spa provides deep nourishment and restoration. Delicate and fragrant green tea combines with jojoba beads and bamboo to gently polish your skin. A light massage follows using organic shea butter, tea seed oil, and coconut oil.

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**enhancements**  
30 minutes  
Light Legs  
Refresh Facial  
Foot Massage  
Scalp Massage  
Hand and Décolleté

